

		nutrition facts	per 100 g						
Name	Weight per piece	energy (KJ)	energy (kcal)	fat (g)	of which saturated (g)	carbohydrates (g)	of which sugars (g)	protein (g)	salt (g)
Apfelstrudel	0.140 Kg	1087.0	260.0	15.0	7.2	27.0	8.6	3.4	0.5
Berlinflette med valumefrø	0.130 Kg	1469	350	8.5	2.9	59.7	22.3	6.8	0.5
Bondebrød	0.600 Kg	903	213	1.0	0.1	42.0	0.7	6.5	1.6
Bonderundstykke korn	0.090 Kg	1127	269	4.6	0.8	44.5	4.0	9.8	1.2
Bonderundstykke natur	0.090 Kg	1125	266	4.6	0.8	44.5	4.0	9.8	1.2
Børek kjøtt	0.100 Kg	1283	307	15.8	6.1	31.3	3.9	8.7	1.5
Børek kylling	0.100 Kg	1248	298	13.8	5.8	32.4	1.4	10.1	1.5
Børek ost	0.100 Kg	1344	321	16.2	6.8	33.8	5.6	9.1	1.6
Børek potet	0.100 Kg	1025	246	14.1	5.7	24.4	4.1	4.0	1.2
Børek spinat	0.100 Kg	1117	267	14.4	6.3	26.8	2.0	6.5	1.3
Bougatsa 250gr	0.500 Kg	1239	296	13.4	5.3	37.7	13.5	5.4	0.7
Brezel	0.110 Kg	1298	308	6.2	0.8	53.0	6.2	8.4	1.5
Brezel triangle	0.100 Kg	1352	323	15.7	10.1	37.0	1.5	7.2	0.9
Brezelstang	0.110 Kg	1145	271	4.4	0.8	48.2	3.4	8.4	1.7
Bringebær-mascarpone-flette	0.120 Kg	1346	322	17.0	7.9	36.0	12.0	5.5	0.7
Chocolate cake donut	0.073 Kg	1999	479	27.9	13.3	49.1	24.4	3.2	0.5
Ciabatta Panini	0.130 Kg	958	229	2.0	0.2	46.0	0.9	7.7	1.3
Cookie: Double chocolate	0.080 Kg	1973	471	23.6	12.9	59.0	38.2	4.7	2.1
Cookie: Raspberry white chocolate	0.080 Kg	1967	465	23.3	12.2	58.8	36.7	4.5	0.6
Cookie: Triple chocolate	0.080 Kg	1938	468	23.5	13.0	56.6	38.2	5.0	0.5
Crispy Caramel donut	0.065 Kg	1754	479	22.1	11.9	49.2	19.6	5.0	0.7
Croissant	0.090 Kg	1571	376	20.0	13.0	40.0	6.0	8.1	1.0
Cronut	0.077 Kg	2142	512	39.0	21.0	33.0	9.4	4.8	0.7
Cronut Chocolate	0.095 Kg	2197	525	38.0	22.0	39.0	15.0	5.7	0.7
Dansk Kannelsnegl	0.085 Kg	1719	413	29.0	12.0	33.0	13.0	4.5	0.5
Donut Chocolate	0.075 Kg	2025	484	32.0	15.0	43.0	20.0	5.2	0.8
Oreo donut	0.073 Kg	2007	481	28	14.5	50.9	23.1	5.1	0.6

Pink & White donut	0.074 Kg	2040	488	32.0	15.0	44.0	20.0	5.9	0.8
Epledrøm	0.135 Kg	1242	297	15.5	8.7	35.3	16.6	3.6	0.5
Fitness brød	0.680 Kg	1324	311	3.4	0.3	21.1	2.6	11.3	1.3
Flerkornsbrød	0.600 Kg	1029	244	3.2	0.2	42.0	0.8	8.7	1.4
Focaccia mediterranea	0.800 Kg	1041	248	9.5	1.5	32.0	3.5	6.3	2.0
Focaccia vegetarian	0.800 Kg	1065	254	10.0	1.6	33.0	3.3	6.5	1.5
Fransk surdeig	0.450 Kg	965	228	0.9	0.5	46.0	1.1	7.8	1.0
Gresskarbrød	0.600 Kg	1295	303	8.4	1.4	42.0	0.9	12.0	1.5
Kanelnurr	0.130 Kg	1470	351	16.0	7.9	47.0	19.0	4.9	0.7
Kirsebærdrøm	0.118 Kg	1293	309	16.0	9.0	37.1	16.7	3.9	0.5
Landbrød	0.750 Kg	959	227	1.1	0.2	45.0	0.7	7.6	1.6
Mango Passion fruit donut	0.072 Kg	1682	402	18.6	10.2	53.5	29.2	4.0	0.5
Maple pecan	0.098 Kg	1737	417	27.0	10.0	38.0	10.0	4.8	0.5
Meksikansk børek	0.100 Kg	1017	243	10.2	3.5	26.8	3.5	9.7	1.4
Mini croissant	0.030 Kg	1482	355	22.0	15.0	32.0	1.5	7.2	0.9
Mini Pain au chocolate	0.030 Kg	1596	377	21	14.0	39.0	10.0	7.0	1.0
Mini Pain aux raisins	0.035 Kg	1211	289	13.0	8.9	36.0	15.0	5.0	0.9
Mini french apple turnover	0.040 Kg	1388	333	21.0	14.0	32.0	7.7	4.0	0.7
Olivenbrød	0.410 Kg	1047	248	4.6	0.8	43.0	0.8	7.0	1.7
Ost&Skinke swirl	0.120 Kg	1063	254	12.0	7.8	27.0	5.9	8.8	1.3
Ost-Mozarella-brille	0.140 Kg	1316	314	17.2	11.1	28.7	2.4	10.4	1.8
Pain au chocolate	0.080 Kg	1621	388	21.0	13.0	42.0	12.0	7.6	0.8
Pain aux raisins	0.110 Kg	1211	289	13.0	8.8	37.0	15.0	5.0	0.9
Palmier	0.105 Kg	1638	392	22.2	11.4	42.5	15.5	5.2	1.0
Pastel de nata	0.068 Kg	1086	259	10.1	5.5	37.7	20.9	3.9	0.3
Pizza Flammkuchen	0.180 Kg	988	235	10.9	5.8	23.7	1.7	9.7	1.4
Pizza margherita	0.195 Kg	845	204	7.0	2.7	23.2	2.6	11.1	1.8
Pizza Mediterrenea	0.180 Kg	1092	260	12.9	6.6	26.2	1.4	9.3	1.5
Pizza salami	0.200 Kg	901	214	7.6	3.1	26.8	2.2	8.9	1.3

Pizzino Mozzarella	0.160 Kg	896	213	7.4	3.9	25.2	4.0	10.8	1.6
Pizzino Salami	0.160 Kg	956	228	9.4	4.3	25.1	3.9	10.0	1.8
Plunder med nøtter	0.110 Kg	1615	378	18.6	8.7	48.0	20.9	5.0	0.6
Plunder med valmuefrø	0.110 Kg	1615	378	18.6	8.7	48.0	20.9	5.0	0.6
Rosinrundstykke	0.085 Kg	997	236	1.0	0.0	50.0	19.0	7.0	1.0
Rustiguette	0.270 Kg	1144	270	1.0	0.4	55.0	3.0	8.5	1.2
Rustiguette cereal	0.270 Kg	1143	271	5.4	0.8	44.0	2.7	8.6	1.1
Scones plain	0.280 Kg	1511	360	12.7	8.0	53.4	20.9	6.7	1.3
Simit ring	0.120 Kg	1278	304	8.9	1.8	47.0	8.0	7.3	1.2
Sjokoladecroissant	0.085 Kg	1509	361	18.0	8.8	42.0	12.0	7.9	0.9
Sjokoladetwist	0.100 Kg	1315	311	14.0	8.8	40.0	16.0	6.0	0.9
Solsikkerugbrød	0.750 Kg	1011	242	2.6	0.2	42.9	2.8	8.2	1.2
Spinat-Feta-Flette	0.125 Kg	1208	289	13.5	8.4	32.1	1.7	8.2	1.4
Sultana Scones	0.280 Kg	1549	369	15.0	9.6	50.1	12.6	7.5	1.5
Sweet Brezel Chocolate	0.149 Kg	1436	344	20.0	9.5	34.0	17.0	6.4	0.5
Sweet Brezel Vanilla	0.149 Kg	1400	334	14.0	6.1	45.0	28.0	5.0	0.5
Valnøttrundstykke	0.085 Kg	1239	296	11.9	1.1	34.9	0.9	10.5	1.0
Vaniljedrøm	0.130 Kg	1254	300	17.8	8.9	30.0	7.4	4.5	0.5
Vanilla donut	0.070 Kg	1682	403	23.0	13.0	42.0	22.0	6.3	0.8